

# The Weekly Connection

## Residential Living | December 15 – December 21, 2024

### Happening this Week!

#### Hershey Theatre: Cirque Musica

December 15 | 1:30PM | Outing

#### Christmas Performance for PC and SC

December 16 | 2:00PM | Personal Care

#### Diner's Caravan: La Bella Italia

December 17 | 3:00PM | Outing

*Limited Menu on reverse side.*

#### Massage by Tara

December 18 | 10:00– 3PM | Salon

#### Healthy Holiday Season with Sara

December 18 | 1:00PM | Great Room

#### Ping Pong Practice

December 18 | 3:00PM | Hobby Room

#### Christmas Worship

December 19 | 2:00PM | Personal Care

#### Tech Help with Steve Bean

December 19 | 3:00PM | Great Room

#### Ugly Sweater Happy Hour and Caroling

December 19 | 4:00PM | Community Center Lobby

*Please dress for the weather if you are caroling outside. May-be layers so when we return to the community center for the cookies you won't be too warm.*

#### Brodbeck Band

December 20 | 7:00PM | Terrace Overlook Restaurant

*Taco Nacho Bar will be from 4:30-6:30pm. Please Call Chips Café to signup.*

#### Faith Break: “The Christmas Letters”

December 21 | 10:15AM | Great Room

### Fitness Center Schedule

#### Monday:

10:00am Power Hour

10:45am Back to Basics

#### Tuesday:

10:00am Pilates

#### Wednesday:

10:00am Power Hour

10:45am Back to Basics

1:00pm Tai Chi

#### Thursday:

10:00am Pilates

#### Friday:

9:00am Balance & Stretch

9:30am Morning Mindfulness

### Winter Weather

Anytime assistance is needed with trash, especially when the weather is bad, please either call or sit the trash directly outside your garage door. Please do not take the trash out on your own and risk being injured.

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 **Spiritrust Lutheran**<sup>®</sup>  
The Village at Utz Terrace



## Program Sign Ups

### Holiday Helpers Un-decorating

The holiday celebrations have come to an end. We are looking for volunteer to help take down the Christmas decorations around the community center on Monday, January 6. Lunch will be provided following the un-decorating in the Terrace Overlook Restaurant for all volunteers. Please sign up in the program binder by **Friday, January 3rd.**

### Additional Information

#### Happy Hour, Caroling and Cookies

This **Thursday, December 19** we will begin with our Ugly Sweater Happy Hour, and then go out into the community to spread some holiday cheer. Upon returning, we will enjoy cookies made by all. Please join us for a fun evening, the more the Merrier! We will have two groups again this year, one in the apartments and the others will walk throughout the community. Be on the lookout this evening if you want to hear some Holiday Cheer! You can come for all or just parts of the evening.

#### Winter Games & Pizza Party

It is time for the Utz Terrace Winter Games to take place, on **Friday, December 27.** This is for fun, so it is okay if you cannot make the practice. The last two practices are this week and next week at 3:00 pm in the Fitness Center Area. If you are not participating, come cheer on your friends and neighbors. I am putting a sign-up sheet in the binder if you would like to attend the Pizza Party. This is for all who attended our Friendsgiving. We had some money left. Please bring a side, desserts, or drinks to share. Sign up by **Monday, December 23.**

## Diner's Caravan: La Bella

### Menu Options

All below entree items include a side salad, bread and choice of beverage.

#### Appetizers - \$5 Per Person (Extra)

- Bruschetta
- Fried Calamari
- Mozzarella Caprese

#### \$25 Per Person

- Lasagna
- Meat Sauce
- Baked Ziti
- Vodka Sauce
- Alfredo Sauce

#### \$30 Per Person

- Chicken Parm
- Chicken Marsala
- Chicken Scallopini
- Chicken Piccata
- Vodka or Alfredo w/Chicken

#### \$35 Per Person

- Lobster Ravioli
- Shrimp Scampi
- Grilled or Simple Salmon
- Grilled Chicken Siciliana

#### Customize Your Own

- Pick any pasta dinner from our menu

They require us to choose from a limited menu due to the number of people. I appreciate your understanding.

## Looking Ahead

### Life Enrichment Planning Meeting

On **Thursday, January 2,** join Tracy to help plan trips for the spring of 2025. All residential living residents are invited to help plan events for April, May, and June.

## Village Connection Articles

Articles for the January Village Connection are due to Tracy Schuman by **Thursday, December 26th.** Please place them in the intercommunity mail or email them to [tschumann@spiritrustlutheran.org](mailto:tschumann@spiritrustlutheran.org).

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