

The Weekly Connection

Residential Living | December 22 –December 28, 2024

Happening this Week!

Brain Games

December 23 | 1:00PM | Library

Chair Volleyball

December 23 | 3:00PM | Fitness Center

Winter Games

December 27 | 10:30AM | Fitness Center Area

Opening Ceremony begins at 10:30, and games will follow. We will begin with Chair Volleyball, Darts, and Ping Pong. We have four teams for volleyball, 10 players for Darts, and 4 teams for Ping Pong. As these games start to end, we will begin Ladder Ball, and Mini Tennis. We are looking for resident “Cheerleaders” to cheer on the events. Please take some time to watch and cheer your neighbors. We will enjoy Pizza after the Closing Ceremony, this should be around 4 pm; all are welcome to enjoy the pizza. Please make sure you sign up in the program binder if you are going to attend the pizza party. We had some money left. Please bring a side, desserts, or drinks to share. Sign up by **Monday, December 23.**

Davis Family Christmas Cantata

December 27 | 2:00PM | Skilled Care Dining Room

Program Update

Fitness Classes

There will be no classes on Christmas Eve or Christmas Day. Thanks for understanding, and enjoy your Family!



Fitness Center Schedule

Monday:

10:00am Power Hour

10:45am Back to Basics

Thursday:

10:00am Pilates

Friday:

9:00am Balance & Stretch

9:30am Morning Mindfulness

Winter Weather

Anytime assistance is needed with trash, especially when the weather is bad, please either call or sit the trash directly outside your garage door. Please do not take the trash out on your own and risk being injured.

Program Sign Ups

Brunch Bunch

Join us for brunch on Friday, January 3rd. Gettysburg Family Restaurant is a down-home, semi-retro eatery serving American fare and feel-good food. From breakfast to lunch, you will be sure to find something to eat, maybe 2 Eggs over Easy with Home Fries Whole Wheat Toast and Bacon, Pancakes with Eggs and Bacon, Crab Stuffed Haddock and Fries, or maybe French Onion Soup. The service is superb. With large portions, excellent prices, and a welcoming atmosphere, this restaurant is a great choice for a delicious meal. Please sign up in the program binder by **Monday, December 30th.**

Holiday Helpers Un-decorating

The holiday celebrations have come to an end. We are looking for volunteer to help take down the Christmas decorations around the community center on Monday, January 6. Lunch will be provided following the un-decorating in the Terrace Overlook Restaurant for all volunteers. Please sign up in the program binder by **Friday, January 3rd.**

Gettysburg Beyond the Battle and Ticket to the Past

Join us Wednesday, January 8th for a trip to Gettysburg. Beyond the Battle tells the remarkable story of ordinary eyewitnesses and their extraordinary experiences before, during, and after the Civil War. Through twelve interactive exhibit galleries packed with rare artifacts, the museum explores the story of Gettysburg as you've never seen or heard it before. Caught in the Crossfire, the museum's premier exhibit is an immersive experience that uses cutting-edge technology to place visitors inside a meticulously reconstructed farmhouse during the Battle of Gettysburg. We will also visit Ticket to the

Past. Travel back to 1863 when the station served as a hospital. Meet the historic figures in your virtual encounter, and hear their stories. We will enjoy lunch in Gettysburg. Please sign up in the program binder by **Friday, January 3rd.**

Women's Birthday Luncheon

The January Women's Birthday Luncheon is scheduled for Tuesday, January 7th. The cost to attend is \$10.00 cash, unless it is your birthday month then Life Enrichment will cover the cost. Please sign up in the program binder by **Monday, January 6th.**

Greenmount Station & Duckpin Bowling

Beat the winter blues with a few games of duckpin bowling. On Thursday, January 30th We will head to Hampstead for lunch and Duckpin bowling. Play one or two games you choose. The cost is \$5.00pp per game of play, including shoe rental. Residents will pay for themselves when we get there. We will enjoy lunch at Greenmount Station before bowling. Sign up in the program binder by **Friday, January 17th.**

Chambersburg Ice Fest

Pull out your favorite scarf and mittens, bundle up, and be sure to grab your camera. You will not want to miss the unique ice sculptures as you walk and experience the vibrant downtown Chambersburg, on Friday January 31. Lunch at Johnnie's Family Restaurant preceding Ice Fest. Please sign up in the program binder by **Friday, January 17th.**

Looking Ahead

Life Enrichment Planning Meeting

On **Thursday, January 2**, join Tracy to help plan trips for the spring of 2025. All residential living residents are invited to help plan events for April, May, and June.