

# The Weekly Connection

## Residential Living | November 17-November 23, 2024

### Happening this Week!

#### Brain Games

November 18 | 1:00PM | Library

#### Happy Hour

November 19 | 4:00PM | Great Room

#### Massage by Tara

November 20 | 10:00-3PM | Salon

#### South Western High School Fall Play

November 20 | 6:15PM | Outing

#### The Corner Stable & Valley View Farms

November 21 | 10:45AM | Outing

#### Tech Help with Steve Bean

November 21 | 3:00PM | Great Room

### Program Sign Ups

#### Residential Living Christmas Dinner

The holidays are right around the corner! The Residential Living Christmas Dinner will be held on Tuesday, December 10th at 12:00pm in the Terrace Overlook Restaurant. With 53 votes option two won. Please sign-up in the program binder by **Tuesday, December 3rd**. In order to prepare and ensure this large event is a success and enjoyable for all who wish to attend, no registrations will be accepted after **Tuesday, December 3rd**. **We will not offer take out this year.** Thank you for your understanding!

#### Brunch Bunch

We will head to Dutch Country on Friday, December 6th for this months Brunch Bunch. Sign up in the program binder by **Friday, November 22nd**.

### Country Store is having a Sale

Stop by the country store and show your support this week, they are having a **SALE!** Christmas is coming and you may find the perfect gift for a family member or friend.

### Fitness Center Schedule

#### Monday:

10:00am Power Hour

10:45am Back to Basics

#### Tuesday:

10:00am Pilates

#### Wednesday:

10:00am Power Hour

10:45am Back to Basics

1:00pm Tai Chi

#### Thursday:

10:00am Pilates

#### Friday:

9:00am Balance & Stretch

9:30am Morning Mindfulness

### Program Binder

When signing up for trips please make every effort to attend. If you find you are unable to attend please give plenty of notice as several of our up coming trips have a waiting list.

## Program Sign Up

### Winter Light Festival & Dinner

We have a full bus for this trip and a waiting list. The sign-up deadline is Friday, **November 22**; I am leaving the sheet in the program binder until then. If you want to put yourself on the standby list, I will call if we get cancellations.

### Utz Terrace Holiday Helpers

Lights, ornaments, action...bring Utz Terrace to life this Christmas. Join your neighbors on Monday, December 2nd helping to get the community ready for the holidays through the direction of Life Enrichment and Village Team staff. A complimentary lunch will follow for all volunteer holiday helpers. Please sign up in the program binder by **Monday, November 25**.

### Women's Birthday Luncheon

Share good food, fellowship and hear the birthday women share some stories as we celebrate their lives on Tuesday, December 3. Sign up in the program binder by **Monday, December 2**.

### Happy Hour, Caroling and Cookies

Now is the time to start making your "beautiful" ugly sweater for this special happy hour. On **Thursday, December 19** we will begin with Happy Hour, and then go out into the community to spread some holiday cheer. Upon returning, we will enjoy cookies made by all. Please join us for a fun evening, the more the Merrier! We will have two groups again this year, one in the apartments and the other will walk throughout the community. Be on the lookout this evening if you want to hear some Holiday Cheer. If you are willing to carol or make cookies please sign up in the program binder by **Friday, December 13<sup>th</sup>**.

### Village Connection Articles

Articles for the December Village Connection are

due to Tracy Schuman by Monday, November 25th. Please place them in the intercommunity mail or email them to; [tshuman@spiritrustlutheran.org](mailto:tshuman@spiritrustlutheran.org).

## Looking Ahead

### Nutrition Management

### Holiday Booking with the Restaurant

If you had a holiday party planned with Storm please reach out to Jama Wert, acting dining manager here at SpiriTrust. Please contact her at [jwert@nmsc.com](mailto:jwert@nmsc.com) to make sure she has all your party needs.

### Deviled Egg Contest Winners

Drumroll please, and the winners are Ruth and Jerry Howsden, Congratulations! We had a lot of fun with this, so we decided to hold a "Best Pie" contest. **December 1st** is National Pie Day. Pull out your favorite pie recipe and see if you can claim the bragging rights of the best pie in the community.



### Caroling in Skilled & Personal Care

We are looking for singers to spread Christmas cheer to the residents in Personal & Skilled Care. Please consider joining us on **Monday, December 16th** for half an hour of caroling. You do not need to be in a choir to attend. Let us bring joy to these folks. We will follow the line dancers for approximately an hour total of Residential Living Entertainment. The Village Stitchers will hand out the Christmas gift to Personal Care as well. Let's do this Residential Living!

### Brodbeck Band & Nacho Bar

The Brodbeck will be here on **Friday, December 20 at 7:00pm**, mark your calendar for an enjoyable evening of music and friends. More information to follow from Nutrition Management Services on the Nacho Bar.

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 **Spiritrust Lutheran**<sup>®</sup>  
The Village at Utz Terrace

