

The Weekly Connection

Residential Living | September 15—21, 2024

Happening this Week!

Brain Games

September 16 | 1:00PM | Library

Diner's Caravan: Homestead Kitchen

September 17 | 3:00PM | Outing

Please remember to bring cash. The cost is \$25.00.

Brunch Bunch: Fresh Start

September 19 | 10:00AM | Outing

Tech Help with Steve Bean

September 19 | 3:00PM | Great Room

Faith Break

September 21 | 10:15AM | Great Room

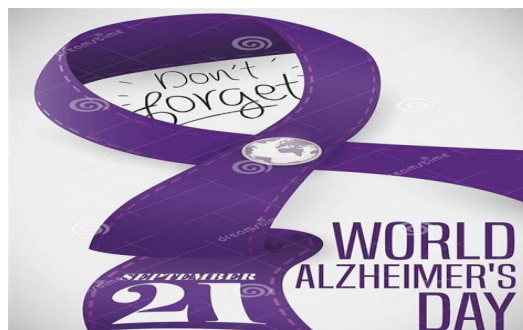
Program Sign Ups

Ruth's Harvest

Ruth's Harvest, a free ministry of the Hanover Area Council of Churches, provides healthy meals and snacks for eligible elementary children. On Thursday, September 26th we will go to St. Matthew's church to help pack lunches from **9-10:30am**. Sign up in the binder by **Friday, September 20th**.

Christmas Wonderland 2024

Join us on Thursday, December 12th for "The Brightest Star" a 7:00 pm show at Christian Life Assembly. Once again, you will enjoy beautiful music and dance, warm candlelit scenes, and sidesplitting laughter. However, most importantly you will discover the significance of a baby born in the manger and the true star of Christmas. We will enjoy dinner preceding the show. Please sign up in the program binder by **Friday, September 27th**.



Program Update

Please note Pilates will be at 9:00 not 10:00 am on Thursday.

Fitness Center Schedule

Monday:

10:00am Power Hour

10:45am Back to Basics

Tuesday:

10:00am Pilates

Wednesday:

10:00am Power Hour

10:45am Back to Basics

1:00pm Tai Chi

Thursday:

9:00am Pilates

Friday:

9:00am Balance & Stretch

9:30am Morning Mindfulness

Program Sign Ups Cont.

Brunch Bunch

On Friday, October 4th, we will enjoy breakfast or lunch your choice at Graybill 's Rt. 30 Diner in Abbottstown. Sign up in the program binder by **Friday, September 27th.**

Women's Birthday Luncheon

The October Women's Birthday Luncheon is scheduled for Tuesday, October 1st at 12:00pm. Please sign up in the program binder by **Monday, September 30th.**

Looking Ahead

Chair Volleyball

Have fun with your friends and neighbors as we play chair Volleyball on **Monday, September 23rd.** All are welcome to come, no need to be an athlete.

Town Hall

Town Hall Meeting will be held on **Tuesday, September 24th** at 11:00 am in the Terrace Overlook Restaurant. All residential living residents are welcome to attend.

Massage by Tara

Tara will be here **Wednesday, September 25th** to offer massage therapy. If you would like to schedule an appointment, please call Tara at 717-321-4895.

Pasta Dinner Alzheimer Fundraiser

Take the night off from cooking and help raise awareness and funds for Alzheimer's care, support, and research by attending the pasta dinner. We made \$546.00 at last year's dinner. This year's goal is \$650.00, so mark your calen-

dar for **Tuesday, October 22** from 4:30-6:00 pm. Enjoy a fun evening with friends and staff. The cost is \$16.00 cash and includes salad, vegetables, garlic bread, dessert & beverage BYOB if you wish. Reservations are required; call Chips Café at 717-646-2599 by October 14th.

Veteran's Day Lunch

If you are new to our community and are a veteran, thank you! The Life Enrichment Department will have a Veteran's Day lunch on **Monday, November 11th**, for all who have served in any branch of the Armed Services. In preparation for this event, we want to make sure our Veteran's list is up to date. Please call Tracy at 717-646-2434 to receive a form; we do not want to miss any new residents.

Program Binder

Activities and Outings for the remainder of the year are in the program binder. Please take the time to stop by and see what may interest you. The program binder is located in the HUB room in the community center. Please call Tracy Schuman at 717-646-2434 with any questions.

Guthrie Library Books

A new selection of Guthrie Library books are now available in the Community Center Library. When borrowing Guthrie Library books, please remember to fill out the library card attached to the back and place in the library card box.

Village Connection Articles

Articles for the October Village Connection are due to Tracy Schuman by **Friday, September 20th.** Please place them in the intercommunity mail or email them to:

tschuman@spiritrustlutheran.org